



## Daily Food Ideas for Kentucky Safe Schools Week 2019:

The Kentucky Center for School Safety announces Kentucky Safe Schools Week, October 20–26, 2019.

This year's theme is “Our Safety Story!”

This year's campaign highlights the word “SAFE” and the qualities necessary to bring a safe learning environment into our schools.

**S-Strong, A-Awesome, F-Friendly, and E-Encouraging!**

Please show your support and take the online pledge at [www.kysafeschool.org](http://www.kysafeschool.org) and promise to help us make all environments in our school safe.

### Monday:

I will be - **Strong enough to show empathy for others who need help at school.**

“Meat & Vegetable day” – Foods that make you strong so you can be there for others.

## **Tuesday:**

I will be – **Awesome, as I strive to use tolerance to create unity at school.**

“**Apple day**” – Apples are awesome because when you hand someone an apple it is like an act of friendship.

## **Wednesday:**

I will be: **Friendly, showing kindness to others of all ages.**

“**French Fries day**”– French fries are for sharing and that is what kindness is all about.

## **Thursday:**

I will be: **Encouraging, promoting a feeling of community and friendship throughout my school.**

“**Sandwich day**” – A sandwich is a combination of the foods we like all stuck together. Friends should be there for each other too.

## **Friday:**

“**Breakfast for lunch day**” – Breakfast foods will go along with what the students are wearing today (their favorite appropriate pajamas) Our students can rest easy knowing everything is being done to make our school safe.