• Involve girls in activities outside of school so they are exposed to different types of people.
• Encourage relationships with adults and other children who appreciate them for who they are.
• Be available to listen and don’t downplay the importance of an incident.
• Teach kindness and model that behavior.
• Talk about both sides of an issue. Girls may tell you about being a target but not talk about being the aggressor themselves.
• If your daughter is caught in the middle, encourage her to take the high road and support the victim, not be a bystander, and not take part in the aggression.
• If necessary, seek professional counseling.
• Become computer savvy.
• Set guidelines for computer use—where they can use it and the length of time they can use it.
• Be aware of their online activities—research filtering