CONFLICT VS. BULLYING

CONFLICT
- Equal power (peers)
- Happens occasionally
- Accidental
- Equal emotional reaction
- Not seeking power or attention
- Remorse
- Effort to solve problem

BULLYING
- Imbalance of power (or perceived imbalance of power)
- Happens repeatedly (or has the potential to be repeated)
- Purposeful
- Strong emotional reaction on part of the victim
- Seeking power, control
- No remorse – blames victim

Situations with both, Conflict or Bullying need to be addressed and a plan devised with consequences to fit the behavior.

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