Cyber-Bullying: Suggestions for Students

► What to do if you are Cyber-bullied

► Tell a trusted adult
► Don’t open messages from people you don’t know
► Don’t open or read messages from cyber-bullies
► Don’t react to the bully
► If it is at school, tell a trusted adult at school
► Don’t erase the message or images
► Block the bully
► Report cyber-bullying to ISP’s
► If you are threatened, inform the police

► How to Prevent being Cyber-bullied

► Don’t give out private information such as passwords or PINs
► Use netiquette. Be polite online and others tend to do so
► Ignore anyone who gets angry online
► When something doesn’t seem just right, leave the site or chat room

Think First!

► If you wouldn’t say it to their face, then don’t email or text it! It hurts just the same...

For More Information
Kentucky Center for School Safety

/tcssnews
/kschoolsafety
(877) 805-4277
ask@kcss.org

www.kysafeschools.org
Cyber-Bullying: Suggestions for Students

► How to Prevent being a Cyber-bully
  ► Don’t email when you are angry
  ► Don’t email with friends and target someone for entertainment
  ► Don’t forward an email that someone sent as a private message
  ► Don’t post “questionable” pictures of others on your social network sites

Surf Smart
  ► Explore the internet with skill and direction!

Share Less
  ► Keep your personal information private!

Think First
  ► Interact online appropriately!

Fact
  ► Cyber-bullying is a serious issue and the Internet’s “Virtual Society” is not going away. We have to learn to live in it as responsible global cyber-citizens.

Contact the police immediately if known or suspected cyber-bullying involves acts such as:
  ► Threats of violence
  ► Harassing phone calls or text messages
  ► Stalking or hate crimes

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