Cyber-Bullying: Suggestions for Students

▶ What to do if you are Cyber-bullied
  ▶ Tell a trusted adult
  ▶ Don’t open messages from people you don’t know
  ▶ Don’t open or read messages from cyber-bullies
  ▶ Don’t react to the bully
  ▶ If it is at school, tell a trusted adult at school
  ▶ Don’t erase the message or images
  ▶ Block the bully
  ▶ Report cyber-bullying to ISP’s
  ▶ If you are threatened, inform the police

▶ How to Prevent being Cyber-bullied
  ▶ Don’t give out private information such as passwords or PINs
  ▶ Use netiquette. Be polite online and others tend to do so
  ▶ Ignore anyone who gets angry online
  ▶ When something doesn’t seem just right, leave the site or chat room

Think First!

▶ If you wouldn’t say it to their face, then don’t email or text it! It hurts just the same...

For More Information
Kentucky Center for School Safety

 uomo.kysafeschools.org

www.kysafeschools.org

(877) 805-4277

Facebook /kyschoolsafety

Twitter /kcssnews
Cyber-Bullying: Suggestions for Students

- How to Prevent being a Cyber-bully
  - Don’t email when you are angry
  - Don’t email with friends and target someone for entertainment
  - Don’t forward an email that someone sent as a private message
  - Don’t post “questionable” pictures of others on your social network sites

**Surf Smart**
- Explore the internet with skill and direction!

**Share Less**
- Keep your personal information private!

**Think First**
- Interact online appropriately!

Contact the police immediately if known or suspected cyber-bullying involves acts such as:
- Threats of violence
- Harassing phone calls or text messages
- Stalking or hate crimes