

Wrap Your Arms Around Safety

KIDS SAFETY QUIZ

1. What is the only good excuse for not wearing a safety belt in the car?
 - a. We're not going far.
 - b. The safety belt is rubbing on my neck.
 - c. The car isn't going fast.
 - d. There is no good excuse.
2. What should you do if you need to cross the street?
 - a. Ask an adult to help if you are under age 10.
 - b. Look left, right and left again for traffic.
 - c. Make sure drivers see you.
 - d. Cross at a corner or crosswalk.
 - e. All of the above
3. True or false: I should wear a helmet whenever I ride my bike, inline skates, scooter or skateboard.
4. If you get hurt while playing a sport, you should:
 - a. Keep playing until the game is over.
 - b. Stop right away and tell an adult.
5. What's the first thing to do if there is a fire in the house?
 - a. Stay inside and call 911.
 - b. Get out of the house.
 - c. Try to put the fire out with water.
6. True or false: I can swim alone if I have taken swim lessons.
7. What should you do if you come across a gun while playing?
 - a. Tell an adult.
 - b. Leave the gun alone.
 - c. Don't touch the gun.
 - d. All of the above
8. When do kids need to wear a life jacket?
 - a. When on a boat
 - b. When near an open body of water
 - c. When playing a water sport
 - d. All of the above
9. True or false: I can't go back into the house after a fire until the firefighter tells me it's safe.
10. Playing at the playground is a lot of fun-if you play safely. How can you keep the playground safe?
 - a. Don't jump off the swings.
 - b. Make sure an adult you trust is watching you.
 - c. Don't push, shove, or play rough.
 - d. All of the above



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Contact us toll free: 1.877.805.4277
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ANSWERS

- 1. D.** You should always be buckled up in a back seat, the safest place for kids. Never put the safety belt under your arm or behind your back. If the safety belt is rubbing on your neck or is on your stomach, let your mom or dad know that it may not fit right. You may need a booster seat to help the safety belt fit on your strong shoulder and hip bones.
- 2. D.** Cars make the street dangerous for kids. Obey all traffic signals, and if you are under age 10, ask an adult to help you cross the street.
- 3. True.** Helmets aren't just for riding bikes. You need to protect your head whenever you are on wheels. Wear your helmet the right way-centered on your head, with straps snug and buckled-even when you are riding near your house.
- 4. B.** If you are hurt while playing a sport, stop right away and tell an adult. Playing through an injury can make it worse.
- 5. B.** The most important thing to do if there is a fire is get outside to a safe place. Talk with your family about escape plans and a safe meeting place. If there is a fire, use a cell phone to call 911 or your local emergency number from outside the house, or ask a neighbor for help.
- 6. False.** Always make sure an adult or lifeguard is watching you when you are in or around water.
- 7. D.** If you find a gun, don't touch it! Immeccarrying a gun, tell a parent or other trusted adult right away.
- 8. D.** Wear a life jacket when on a boat, near an open body of water like a lake, or when playing a water sport
- 9. True.** Never assume it is safe to return to the house. Wait until a firefighter has told you it is safe to go back inside.
- 10. D.** You can get hurt on a playground by playing rough with other kids or jumping off equipment. Keep safe by making sure your mom or dad, teacher or other trusted adult is watching you as you play.



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