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Suicide Prevention

Suicide Prevention

Helping Peers Remember

- ▶ Don't be afraid to be wrong
- ▶ Just talking to them can make a big difference
- ▶ Be concerned if people tell you that they have a detailed suicide plan or have the means to hurt themselves
- ▶ Don't pretend you have the answers
- ▶ **THE MOST IMPORTANT THING YOU CAN DO... IS HELP THEM GET ASSISTANCE FROM A RESPONSIBLE ADULT**



Remember

- ▶ **The most important thing you can do... Is help them get assistance from a responsible adult**

For More Information
Kentucky Center for School Safety



-  /kcssnews
-  /kyschoolsafety
-  (877) 805-4277
-  ask@kycss.org



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